

# The Morris School District Community School



Fall 2022

Dear Lifelong Learners,

Welcome to the Community School's Fall 2022 brochure featuring The Great Horizons Lecture Series and our evening Life-Long Learning courses. We are very excited to offer classes in-person and online with Great Horizons meeting at the Morris Museum and evening classes held at Morristown High School, in addition to other local venues. This catalogue reflects our dedication to offering quality programming in an affordable and convenient environment, covering a wide range of topics and activities.

We hope, as you "flip" through our catalogue and use the online registration system, that you select an old favorite from our traditional courses and consider taking something new and exciting! There is much to offer for everyone, and we always welcome your suggestions, especially if we have missed something that you think would be a great topic or activity.

The Community School will continue to follow all state, local and district guidelines with regard to the continuing pandemic, and please be assured that your safety is our utmost priority! We look forward to seeing you back in the classroom and thank you for your continued support.

Sincerely,  
MSD Community School Staff

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View fullscreen:

Connect to our social media instantly by clicking on the icons.

Register here buttons will take you right to the registration page.

# Table of Contents

## Great Horizon Lecture Series

### Art History: 6 – 8

Beatrix Potter: Artist of Nature and Place

Artists' Depictions of Dance

Pieter Brueghel: Humanist Artist of the  
Northern Renaissance

Rivera, Orozco & Siqueros—Revolutionary  
Muralists

Sonia Delaunay: A Modern Language of Color

Guerrilla Girls: The Art of Behaving Badly

### History: 9 - 16

The Life and Times of Alexander “the Great”

SE Asia – Its History and Importance

How the US won the Cold War

The Life and Times of Peter “the Great”

William Livingston's World: Slavery and  
Abolition in New Jersey

The Unique History of U.S. Political Parties

The Life and Times of Catherine “the Great”

Mothers of Invention

A Brief Cultural History of Dwarfs

A FAILURE IN AMERICAN DIPLOMACY:  
SUMMER 1941

A Brief Cultural History of Goblins

THE PILGRIMS AND THE MAYFLOWER-  
FROM SEA TO SHINING SEA

The Life and Times of Alfred “the Great”

A Brief Cultural History of Elves

The Politics of the UN Security Council

Before and After Russia's Invasion of Ukraine

The Rise of Women in US Politics

Unsinkable Titanic Children

STARS & STRIPES: History of the Symbols of  
America

American Slang

History of American Women

### Current Events 17-19

Why is Inflation so High in the U.S.?

Important Cases This Term at the Supreme  
Court 22-23

The State of U.S. Military Preparedness

Climate Change and it's Effects

Ranking U.S. Presidents

Should the U.S. Re-enter the Iran Nuclear  
Deal?

Evaluating the US Response Response to the  
Global Pandemic

The Importance of U.S. Relations with India

### Music Appreciation 20-22

Back to Bach

The Beatles - 50 Years Later

Songwriters of the 1960s and 70s

### Comedy 22

The Lighter Side of Comedy

The Lighter Side of of Seniors and Technology

### Poetry 23

Robert Frost

### Interactive 23-25

Study of The Twilight Zone lecture 1

Study of The Twilight Zone lecture 2

Study of The Twilight Zone lecture 3

Study of The Twilight Zone lecture 4

### Nature 26

A Trip to Walden by Way of the Modern Age

### Trips 27-28

## Table of Contents

### Life- Long Learning

#### Languages: 29

Beginner Spanish

#### Creative: 30-31

Wood Working session A

Woodworking Session B

Watercolor online class

#### Exercise, Sports and Dance: 32 - 35

Body Toning

Stretch and Tone

Flat Abs

Yoga

Beginner Pickle Ball

Intermediate Pickle Ball

Couch to 5K

Tap Dance Classes

#### Professional & Personal Development: 37 - 39

Self-Care: Filling Up Your Cup

BETTER SLEEP WITH HYPNOSIS

STOP SMOKING WITH HYPNOSIS

LOSE WEIGHT WITH HYPNOSIS

Declutter Your Life and Reduce Stress

Cutting the Cord on Cable

Getting the Most Out of Your iPhone/iPad

#### ESL: 40

#### SAT/PSAT: 41

#### Registration Information 42-43



Click here  
to  
register

# Great Horizons Lecture Series

## Art History

**All classes are \$27 unless otherwise noted**

### **Beatrix Potter: Artist of Nature and Place**

Tuesday, October 11

1:00pm – 2:30 pm

Liana F. Piehler, Ph.D

@ The Morris Museum

Beatrix Potter (1866-1943) is well known for her classic children's books, narratives, and charming illustrations, all beginning with Peter Rabbit. Yet, she is that and much more. From artistic, literary, and scientific influences and inspirations from the Victorian era, Potter evolves in her own right as an artist of place, a keen observer of nature in her watercolors and her scientific discoveries, a savvy business woman in the world of publishing and merchandising, a rural farmer, and a great conservationist of England's Lake District. Though a woman of her times, she also looks forward to ways that women define and carve out their own lives. This lecture will explore all these levels of her artistry, biography, and legacy—still significant to her 21st century readers and admirers.

### **Artists' Depictions of Dance**

Monday, October 17

2:30 – 4:00 pm

Anne Betty Weinschenker

ONLINE



From ancient to modern times and in many societies, artists have portrayed various forms and experiences of dance. This class will present a range of painted and sculpted images created in the western world that deal with dance as self-expression, social interaction, religious tradition, and performance.

## **Pieter Brueghel: Humanist Artist of the Northern Renaissance**

Monday, November 7

2:30 – 4:00 pm

Anne Betty Weinshenker

ONLINE

This class will examine the landscapes, scenes of peasant life, and illustrations of proverbs in paintings and prints by the sixteenth-century Flemish artist Pieter Brueghel. Their bright colors and lively compositions are visually appealing while they call for interpretation on many levels, satirizing human foibles and exploring the place of humankind in the natural world.

## **Rivera, Orozco & Siqueros—Revolutionary Muralists**

Monday, November 21

1:00pm – 2:00pm

Mimi Weinberg

@ The Morris Museum

Murals adorning public spaces blossomed in the first years after the Mexican revolution. The muralists, most famously Orozco, Siqueros, and Rivera, were politically committed to celebrating the history and lives of the Mexican people in their frescoes. Independently, each was invited to bring their visions and expertise to public venues across Northern America. This class will familiarize you with the aesthetic and political backgrounds of the artists and their partnerships with students, university trustees, Edsel Ford and John D. Rockefeller, Jr. Those murals which remain on display in New York, New Hampshire, Detroit and California will be emphasized.

## **Sonia Delaunay: A Modern Language of Color**

Janet Cohen Mandel

Monday, November 28

11:00am – 12:00pm

@ The Morris Museum

Sonia Delaunay was an avant-garde artist who spent her life experimenting with the language of color and abstraction. She developed a varied practice, giving equal weight to design and fine art.

While remaining faithful to abstract painting, she created innovative designs in typography and textile prints. She crafted handmade garments and ready-to-wear fashion and designed costumes for theater, ballet, and film. She also created tapestries and mosaics as well as cutting edge interior designs. Born Sara Stern in a Ukrainian shtetl in 1885, she became a crucial presence in the artistic and intellectual Zeitgeist of 20th Century Paris

## **Guerrilla Girls: The Art of Behaving Badly**

Janet Cohen Mandel

Monday, December 5

11:00am – 12:00pm

ONLINE

An anonymous group of activist women artists, The Guerrilla Girls, have been fighting since 1984 to expose biases in the art world. They doggedly advocate for equal representation in museums, galleries, and other arts organizations around the world. In order to maintain anonymity, they wear gorilla masks in public and take the names of dead women artists as pseudonyms. Their crusade began with a poster campaign that targeted museums, dealers, curators, critics, and artists who they felt were actively responsible for, or complicit in, the exclusion of women and non-white artists from mainstream exhibitions and publications. Come and hear how these women, the “conscience of the art world,” have used wit and irony to tackle issues of gender and racial discrimination in the art world and beyond.

# HISTORY

## Course Series: The Life and Times of those Called “Great”

Out of the billions of people who have graced this planet's history, only dozens have been recorded with the moniker, “the Great.” This lecture series endeavors to understand these renowned men and women within the context of their lifetimes and beyond.

### *The "Great" Series*

#### **The Life and Times of Alexander “the Great”**

Monday, September 19

11:00am – 12:00 pm

Alexander Clemente

@ The Morris Museum

*The "Great" Series* 

Of those called, “the Great,” no one is better known throughout the world as Alexander of Macedonia. This lecture will explain the important events preceded his birth, how he used his short lifetime to change world history, and how his death set in motion not only a changed Greece, but a changed world.

#### **SE Asia – Its History and Importance**

Tuesday, September 20

11:00am – 12:00 pm

Ian Drake

@ The Morris Museum

Ever since the Spanish-American War of 1898, Southeast Asia has been a region of periodic concern for the United States. Today, SE Asia has become an area of key importance because of the prospect of renewed imperialism by China. In this talk, we will explore the U.S.-Chinese relationship, the possible sources of conflict between the U.S., China, and the nations of SE Asia, and the policy options available to U.S. diplomats and military strategists.

## **How the US won the Cold War**

Tuesday, September 27

11:00am – 12:00 pm

Ian Drake

@ The Morris Museum

Some have referred to the Cold War as “World War III”. Although there were no direct, declared hostilities between the U.S. and USSR, there were many proxy wars and when it ended it was a surprise to almost all observers. In this talk, we will discuss the role of the U.S. in that conflict and address how it ended, who were the important figures, and what conditions made it possible.

## **The Life and Times of Peter “the Great”**

Monday, October 3

11:00am – 12:00pm

Alexander Clemente

@ The Morris Museum

*The “Great” Series*



He was six foot eight inches tall but measured much larger than life. Peter certainly changed Russia during his lengthy seventeenth to eighteenth century reign. This lecture will highlight Russian culture leading to his reign and explain the drastic changes that he enacted prior to his death.

## **William Livingston's World: Slavery and Abolition in New Jersey**

Monday, October 3

1:00pm – 2:00pm

Jonathan Mercantini

@ The Morris Museum

William Livingston's World will discuss the NJ in the era of the American Revolution through the eyes of its first popularly elected governor, William Livingston, and his family and includes state politics, the Constitution, and the institution of slavery.

## **The Unique History of U.S. Political Parties**

Monday, October 3

2:30pm-3:30pm

Larry Bashe

ONLINE

Our Founding Fathers were opposed to the creation of Political Parties and consequently, there are no provisions in the U.S. Constitution about their involvement in the nomination of candidates for public office. Despite this historical fact, Political divisions immediately created political parties. We will examine the unique aspects of U.S. Political Parties over time and how it effects todays politics. This will include (a) the birth and demise of major parties such as the Federalists and the Whigs, (b) the evolution of Thomas Jefferson's Democratic - Republican Party to Andrew Jackson's Democratic Party, (c) the creation of party nominating conventions, (d) the rise of party Primaries, (e) the conditions that led to the creation of the Republican Party in the 1850's, (f) the effect of third party politics, (g) how todays two major parties have switched positions on issues such as trade, race, and government regulation. We will also discuss two twentieth century Presidential Elections that led to major political party realignment.

## **The Life and Times of Catherine “the Great”**

Monday, October 17

11:00am – 12:00pm

Alexander Clemente

@ The Morris Museum

*The "Great" Series* 

She came to Russia, only speaking her native German tongue, yet when she went on to change Russia in to an even greater and more enlightened world power. This lecture will explain Catherine in the context of the European Enlightenment and the typical politics of eighteenth century Europe.

**Register Here**

### **Mothers of Invention**

Monday, October 17

1:00pm – 2:00pm

Carol Simon Levin

@ The Morris Museum

Carol Simon Levin portrays Lillian Moller Gilbreth, motion study pioneer and “Cheaper by the Dozen” mother of 12 – then shares the stories of other overlooked women innovators, including many women of color. From Margaret Knight (the 19th century “Female Edison”) to Hollywood superstar Hedy Lamarr, these “Mothers of Invention” changed our lives, yet their accomplishments were all too often ignored, discounted or credited to others

### **A FAILURE IN AMERICAN DIPLOMACY: SUMMER 1941**

Tuesday, October 25

11:00am – 12:00pm

Paul Zigo

@ The Morris Museum

War with Japan could have been avoided in 1941. Although many historians state that war in the Pacific was inevitable, a window of opportunity to resolve issues diplomatically did present itself in the summer of 1941. The presentation will cover what the failure in American diplomacy was all about and most importantly, why.

### **A Brief Cultural History of Dwarfs**

Monday, October 24

1:00pm – 2:00pm

Alexander Clemente

@ The Morris Museum

From those kindly companions of Snow White to the proud race in J.R.R. Tolkien's Lord of the Rings, dwarfs have been portrayed in a number of ways. This lecture will highlight various appearances of dwarfs from a number of European cultures and help us to see what this fantasy race may represent to us today.

### **A Brief Cultural History of Goblins**

Monday, October 31

1:00pm – 2:00pm

Alexander Clemente

@ The Morris Museum

Goblins, hobgoblins, kobolds, redcaps and several more meddlesome creatures have been the thorn in the side of heroes in European stories for centuries. Who or what are they and why do we insist on having stories about them? This lecture will help us to answer in what role this annoying and sometimes vindictive adversary may serve.

### **A Brief Cultural History of Elves**

Monday, November 28

1:00pm – 2:00pm

Alexander Clemente

@ The Morris Museum

Are they mysterious fey, evil spirits, kindly helpers, or something else? When considering the viewpoints of several cultures, elves come in many different shapes, sizes, and possess personality traits. From where did the concept of “the elf” originate, and does modern adaptations in fantasy lore compare with their origin? This lecture will help us to address these questions and come to a deeper appreciation of yet another fantasy race.

## **THE PILGRIMS AND THE MAYFLOWER- FROM SEA TO SHINING SEA**

Monday, October 31

1:00pm – 2:00pm

Joel Farkas

@ The Morris Museum

An expert on our founding fathers and mothers, Joel Farkas will weave the tale of why and how the Pilgrims set sail on the Mayflower and its legacy. Beginning with the Ancient Greeks through a history of explorers, he will connect the voyage of the Mayflower to the wives of Henry VIII. Farkas' talk proves to be a voyage to remember

### **The Life and Times of Alfred “the Great”**

Monday, November 7

11:00am – 12:00pm

Alexander Clemente

@ The Morris Museum

*The "Great" Series* 

He is only one of two people called “the Great” in all of English history. Statue of him appear all over his native England. While Alfred was not England's first king, to many, there would not a country called England had it not been for him. This lecture will put Alfred in the context of medieval England, Viking invasions, and religious ideologies.

### **The Rise of Women in US Politics**

Monday, November 28

2:30pm-3:30pm

Larry Bashe

ONLINE

In the early years of our Republic, women, with a few exceptions (NJ was one), were not allowed to vote. It took more than one hundred years for the US Constitution to be amended in 1920 to guarantee women this important right. Along the way, suffragettes endured a tortuous route to achieve their rights, aided by some sage advice from NJ Governor and US President Woodrow Wilson. Today US women have dramatically achieved political influence and political office. The original persistent suffragettes would be proud of what their efforts eventually accomplished.

## **The Politics of the United Nations Security Council Before and After Russia's Invasion of Ukraine**

Monday, November 14

11:00am-12:00pm

Carlos Yordan

@ The Morris Museum

This talk explains the Security Council's workings, its membership, and how its members shape its outcomes. While it has recently been criticized for its inability to respond to Russia's recent invasion of Ukraine, similar criticisms were voiced against the Council shortly after the US invaded Iraq in 2003 and in other past international crises.

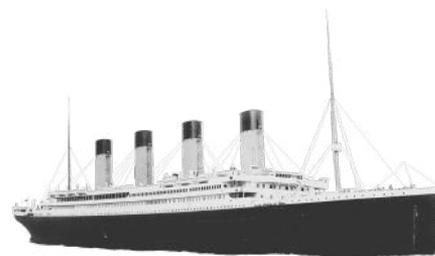
### **Unsinkable Titanic Children**

Tuesday, November 29

11:00am - 12:30pm

Joan Schaible

@ The Morris Museum



After 110 years, the catastrophic sinking of the luxury liner RMS Titanic still resonates today. On that fateful night in 1912, many people unfortunately lost their lives. However, a number of children from First, Second and Third Class did survive. Become acquainted with some of these youngest passengers and discover their experiences both during the tragedy and afterward.

### **STARS & STRIPES: History of the Symbols of America**

Tuesday, December 6

11:00am - 12:00pm

Walter Choroszewski

@ The Morris Museum

American was established in 1776 by declaring Independence of its colonies as the “United States.” This new nation needed an identity including an official Seal, Flag and Motto. Walter Choroszewski presents the history of the process and the Founders responsible for creating the Symbols of America.

## **American Slang**

Deborah Hoeflinger

Monday, October 10

1:00pm-2:00pm

Americans are known around the world for our unusual slang. In fact, each decade has had its own version. In this program we will look at some of our most famous slang words and the stories behind their creation.

## **History of American Women**

TBD (check the registration page for updates)

Deborah Hoeflinger

@ The Morris Museum



The role of women in the United States has changed dramatically since the creation of the United States. In this program we will explore the causes of those changes from the colonial period to the present day.

# CURRENT EVENTS

## **Why is Inflation so High in the U.S.?**

Tuesday, September 27

2:30pm-3:30pm

Larry Bashe

ONLINE

Presently the U.S. is experiencing dramatic increases in the rate of inflation. We will examine all the various elements of this economic phenomenon, concentrating on the amount of the increase and the expected timeline for this inflationary period. Perhaps, more importantly, what can be done about it. Specifically, what can the Federal Reserve, Congress, and the President do to mitigate the rate of inflation, and can it be done without creating a recession?

## **Important Cases This Term at the Supreme Court 22-23**

Tuesday, October 11

11:00am - 12:00pm

Ian Drake

@ The Morris Museum



Each term the Supreme Court takes on cases that test the limits of constitutional government. In the 2022 term the Court will review cases regarding the power of the government under environmental laws, the redistricting of congressional seats, the federal and state governments' relations with Native American tribes, free speech, and, perhaps most notably, affirmative action in college admissions.

## **The State of U.S. Military Preparedness**

Tuesday, October 18

11:00am – 12:00pm

Ian Drake

@ The Morris Museum

The United States has some of the most advanced military equipment in the world and combat-tested armed forces, after recent wars in Afghanistan and Iraq. Yet, the challenges faced in the Pacific against an emergent China suggest the U.S. has not fully prepared for facing a very different adversary than the Taliban and Al-Qaeda. In this talk, we will consider the strategies of American defense planners and the different views of Republicans and Democrats on how to respond to China and other potential emerging threats, like Iran, North Korea, and the ongoing concerns about Russia in Europe.

## **Climate Change and it's Effects**

Tuesday, October 18

2:30pm-3:30pm

Larry Bashe

ONLINE

Climate change and Global Warming are now accepted as scientific fact. What are its causes and what can we do to mitigate the effect on us?

## **Ranking U.S. Presidents**

Monday, November 7

2:30pm-3:30pm

Larry Bashe

ONLINE

Annually, Presidential Historians evaluate the historical record of U.S. Presidents and rank them in order of effectiveness. We will review the evaluation criteria used and their resulting conclusions. We generally agree who were the best presidents, but who do u think were the worst?

## **Should the U.S. Re-enter the Iran Nuclear Deal?**

Tuesday, November 15

11:00 am – 12:00 pm

Ian Drake

@ The Morris Museum

Barack Obama’s administration negotiated what is popularly referred to as the “Iran Nuclear Deal” in 2015, Donald Trump sought to end U.S. involvement in 2018, and recently the Biden administration has tried to renegotiate the deal in 2022. In this talk we will explore the reasons for each president’s actions, the history of U.S.-Iran relations under this arrangement, the prospects for the future of a “nuclear Iran,” and U.S. options regarding Iran.

## **Evaluating the US Response Response to the Global Pandemic**

Tuesday, October 18

2:30pm-3:30pm

Larry Bashe

ONLINE

It is time to review our response to the Global Pandemic and identify what we did right and where we fell short. How did our response affect the US Economy, our mental state, schools & politics? How can we improve our response to similar events in the future?

## **The Importance of U.S. Relations with India**

Tuesday, November 22

11:00 am – 12:00 pm

Ian Drake

@ The Morris Museum

India has a population almost equal to China, nuclear weapons, and has had a on-and-off-again relationship with the United States. This relationship has been fundamental to stability in Asia and South Asia since the end of World War II, yet it gets fleeting coverage in American media. In this talk, we will consider the importance of United States-India relations since WWII and consider the current state of affairs and how the Asian region is affected by this relationship.

# *Music Appreciation*

## **Back to Bach**

Tuesday, September 20

1:00pm – 2:30pm

Barry Wiesenfeld

@ The Morris Museum

While the title of this presentation is BACK to Bach, the fact is that we never left and he's with us today. This is an exploration of the master of modern music. Even though he lived hundreds of years ago, Bach wrote the book, both literally and figuratively, on what makes music 'tick'. We explore his musical world, his style, some of his great works, and his legacy. I make his amazing complexity understandable, and it's an ear-opening lecture (the second most popular after "The Beatles - 50 Years Later").

## **The Beatles - 50 Years Later**

Tuesday, September 27

1:00pm – 2:30 pm

Barry Wiesenfeld

@ The Morris Museum

In this lecture I don't cover those things that people already know, like The Beatles came from Liverpool, wore long hair, were introduced to the U.S. by Ed Sullivan. Everyone already knows those things. Instead, I delve into the details of their music and techniques that were ground breaking; those sometimes overlooked components that made them pioneers. I cover the 'spices' of their musical recipes and place them in the attendees minds and ears, making it obvious why they're still a musical influence decades later. Perhaps the most common response from participants is, "I'll listen to music differently from now on. Thank you!" and I love to hear that! This lecture, filled with 20that insight as well as some great stories from the band's history, is a hit - my most popular topic.

## **Songwriters of the 1960s and 70s**

Monday, October 10

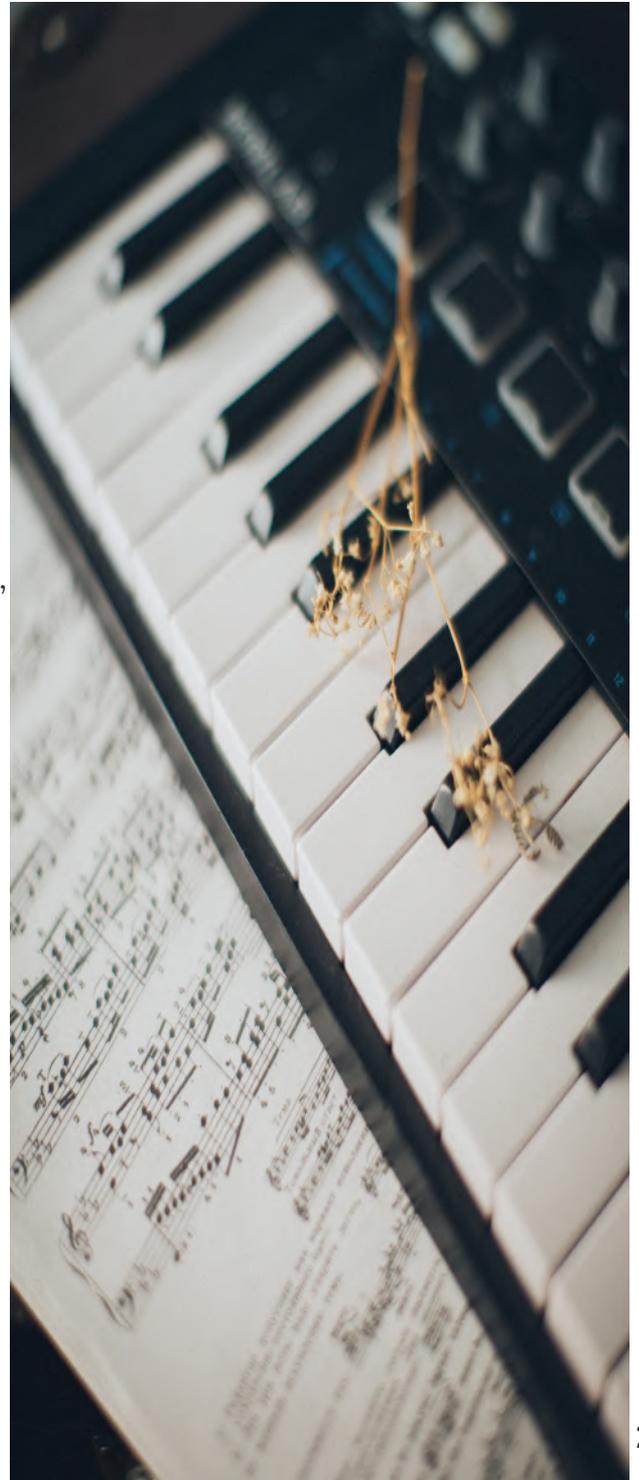
11:00am - 12:00pm

Gordon James

@ The Morris Museum

Featuring some of the greatest songs and  
songwriters from that time period.

Lennon and McCartney, George Harrison, Holland,  
Dozier, Holland, Smokey Robinson, Carole King,  
James Taylor, Bernie Taupin and Elton John,  
Willie Nelson, Neil Diamond, Billy Joel, Burt  
Bacharach and Hal David.



# Comedy

## **The Lighter Side of Aging**

Monday, October 10

2:30pm – 3:30pm

Larry Wolfert

ONLINE

You don't stop laughing because you grow old – you grow old because you stop laughing. So if you can't beat the aging process (who can?), embrace it with humor. We will be showing via video excerpts, how different comedians from the past half century have approached the various aspects about growing more mature. As the saying goes, laughter is the best medicine. Prepare to enjoy!

His presentation is sure to make us smile.

## **The Lighter Side of of Seniors and Technology**

Tuesday, October 25

2:30pm – 3:30pm

Larry Wolfert

ONLINE

If you think Bluetooth is what you get from eating berries, backup is how you get the car out of the garage, cache is the change in your pocket, a cookie is a treat, phishing is what people do in retirement, Spam is that canned meat product and a web is what a spider weaves, then you are a senior who is not particularly tech savvy. But don't fear - you are not alone. So rather than worry about it, join us to find the humor in it.

# POETRY

## Robert Frost

Monday, October 24

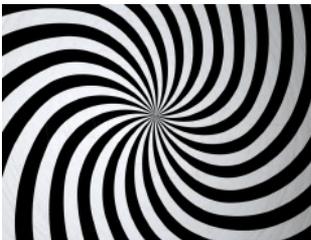
11:00 am – 12:00 pm

Maryanne Garbowsky

@ The Morris Museum



Called a “vurry American” by poet Ezra Pound, Robert Frost is the quintessential American poet, reveling in natural scenes and simple rural settings. His poems celebrate the simplicities of daily life lived in accord with Nature and its seasons. According to poet Amy Lowell, “He is New England,” since so much of what he writes springs from this region of the country. In this class, we will read and discuss some of Frost’s most memorable poems along with some that are less well known and more troubling. In addition, we will look at wood cuts done by his long time friend and collaborator J.J.Lankes that were designed to accompany Frost’s poems.



# INTERACTIVE

## Study of The Twilight Zone

(4-part lecture series)

Have you ever felt like you were in The Twilight Zone? If so, get ready to learn about the masterful writing by the creator of the famous program, Rod Serling. We will review and discuss the details of selected episodes from the classic TV show as well as debate the message, meaning and moral within. Over the course of four sessions, we will discover how the stories and themes from 60 years ago still resonate in our world today. Stepping into The Zone: Attendees to watch a 25-minute episode reflecting a major theme. Review key elements of the episode (storyline, actors, production, etc.. Interactive discussion of the messaging and its relevance to today’s, world and where applicable, its similarity to classic literature.

## **Study of The Twilight Zone LECTURE 1**

Tuesday, October 25

1:00pm – 2:30pm

Linda Hetcher

@ The Morris Museum

Provide background on the writer and his work in television, Profile of Rod Serling, Who was Rod? What influenced his work? What made his writing unique? The Twilight Zone as a series of life lessons, enduring themes. Background on the series. It's impact on the viewer Social commentary, Cautionary tales, Wake-up calls Timeless messaging, Morality plays.

Theme 1: Divided We Fall Episode: “The Monsters Are Due on Maple Street”

A neighborhood is destroyed by fear and false accusations. Issues reflected in the episode include scapegoating, modern day witch hunts and unproven assumptions that cause dissent. Linkages can be made to Arthur Miller's The Crucible.

## **Study of The Twilight Zone LECTURE 2**

Tuesday, November 15

1:00pm – 2:30pm

Linda Hetcher

@ The Morris Museum

Beware the Dangers of Blind Conformity

Episode: “Number 12 Looks Just Like You”

Synopsis: A young woman resists the efforts by society to look, act and think like everyone around her. Issues reflected in the episode include censorship and banning of books, strict adherence to beauty standards and the risks of groupthink. Linkages can be made to Aldous Huxley's Brave New World.

## **Study of The Twilight Zone LECTURE 3**

Tuesday, November 22

1:00pm – 2:30pm

Linda Hetcher

@ The Morris Museum

We Need One Another Episode: “Where is Everybody?”

Synopsis: A man suffering from memory loss finds himself unable to escape from a town without people. Issues reflected include the impacts of social isolation, restrictions of technology to fill human needs and the mental toll of loneliness.

Linkages can be made to John Steinbeck’s *Of Mice and Men*.

## **Study of The Twilight Zone LECTURE 4**

Tuesday, November 29

1:00pm – 2:30pm

Linda Hetcher

@ The Morris Museum

Learn from the Past Episode: “Walking Distance”

Synopsis: A stressed, unhappy marketing executive gets a rare opportunity to revisit his boyhood days. Issues reflected include the gift of a second chance, learning to live in the present and the importance of moving forward. Linkages can be made to

Thomas Wolfe’s *You Can’t Go Home Again*.



# NATURE

## A Trip to Walden by Way of the Modern Age

Monday, November 21

11:00 am– 12:00 pm

Maryanne Garbowsky

@ The Morris Museum

“I am convinced...that to maintain one’s self on this earth is not a hardship but a pastime, if we live life simply and wisely.” These words from writer/philosopher Henry David Thoreau could have been written today. Instead, they were written over one hundred and sixty years ago when Thoreau first published Walden, or, Life in the Woods (1854). Although it appeared these many years ago, it is startlingly modern, grappling with the same issues that we are at the beginning of the 21st century: climate change, sustainability, wildlife conservation...and more. We are dealing with the very essence of survival, both human and animal. Its lessons and advice speak to us today with even more urgency than they might have had in the 19th century. Writer Bill McKibben envisions Thoreau today as a “cultural and spiritual seer,” someone who reminds us of our partnership with Nature and what we must do to preserve it. In our review of Thoreau’s classic work, we will select readings from the book, look at the art of the Hudson River School, and consider the lessons that Walden has to teach.

## Trips & Tours

Trips and Tours are operated by

Groups Trips & Tours/ The Educated Wanderer

They are here to discuss itineraries & help you with booking.

Simply give them a ring!

973.513.9001

# Trip Summaries

## **Amore Italia: Historic Smithville Italian Festival & Lucy the Elephant**

**Saturday, September 24: #3267 ~ \$145**

Follow the aroma of sausage and peppers, meatballs, and pizza in the air as you're serenaded by the sounds of Italian crooners and festive accordionists. There will of course be local wine tasting vendors and Italian beer on tap to pair with some delicious, homemade Italian desserts. After our taste of Italy, we'll visit the iconic and newly renovated Lucy the Elephant who towers six stories over the beach in Margate. Built in 1881 as a gimmick to attract potential land buyers to the region, Lucy has persevered through the decades and became a National Historic Landmark with a newly completed restoration.

## **Mysterious Island Adventure: Bannerman Castle & Dia:**

**Friday, September 30: #3251 ~ \$185**

A mysterious abandoned castle brittle with over a century of time sits on top of rocky and wild Pollepel Island outside of Beacon, New York. Despite its fairy tale façade, which is now mostly ruins, Bannerman Castle was built by a Scottish patriot as an arsenal for military surplus that still lies beneath the castle walls. You may spot the "Bannerman's Island Arsenal" cast in concrete on one of the castle's remaining walls. Today we cruise aboard the Estuary Steward down the Hudson River to visit Bannerman Castle where we'll visit the ruins, gardens and summer residence while learning about all things Bannerman on an intriguing walking tour. Be on the lookout for Bannerman's artistic details of his native Scotland like Shamrocks and thistles, along with military motifs, a personally designed crest, and special sayings handcrafted on each fireplace. Before our island adventure, we'll spend some time in the Hudson town of Beacon, where you can visit the amazing Dia. Housed in a former Nabisco box printing factory, Dia's collection of art from the 1960s and '70s represented in individual galleries fashioned specifically for the creations can only make you say, Wow. Spend as much time as you wish at the gallery, grab some lunch downtown and browse the shops.

**Fall Into Nature: Honey Hollow, Bucks County:**

**Wednesday, October 12: #3266 ~ \$150**

Leave everything else behind and fall into nature on our Forest Therapy Walk in the peaceful surroundings of the Bucks County Audubon Society at Honey Hollow.

Our guide, Sharon, will lead us through the natural beauty of Honey Hollow with invitations to awaken our senses to its sounds, being, smells, and textures while taking time to wander, pause, observe and just be at one with nature.

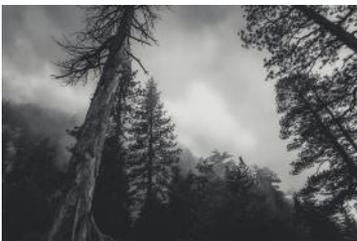


**Myths & Mysteries of Sleepy Hollow:**

**Wednesday, October 26: #3268 ~ \$175**

For years, local rumors have swirled around The Octagon House implying its connection with the spirit world. Today we'll delve into the myths and mysteries of the house from its floor plan rooted in 19th century Phrenology to speculations of a resident ghost and otherworldly experiences had by the current owners.

In the spirit of Halloween, we'll hear tales of the unexplained and uncanny events that occurred in this magical house while experiencing the delight of this meticulously restored architectural wonder.



# Life Long Learning

## LANGUAGES

### **Beginner Spanish 1 ( In-Person)**

Mondays, September 19 - November 21

10 weeks

6:00 - 7:00 pm

Linda Lopez

Classes held at The Morristown High School

This course is designed for students with limited or no previous knowledge of Spanish, who are eager to develop beginning conversational language skills. Basic vocabulary and grammar using daily life situations will be the main topics covered.

Student should purchase books online:

[https://www.amazon.com/Spanish-Now-Level-MP3-CD/dp/1438075235/ref=sr\\_1\\_1?dchild=1&keywords=Spanish+Now+Level+1+8th+edition&qid=1617290619&sr=8-1](https://www.amazon.com/Spanish-Now-Level-MP3-CD/dp/1438075235/ref=sr_1_1?dchild=1&keywords=Spanish+Now+Level+1+8th+edition&qid=1617290619&sr=8-1)



# get Creative

## **Wood Working Session A**

Monday, September 19 - November 28

6:00 - 9:00 pm

Derek Polzer and Lynn Trackenber

Classes held at The Morristown High School

Learn the safe operation of power and hand woodworking tools and how to design or select a project that incorporates the basic elements of woodworking: layout, joint woodworking techniques, such as wooden plan making, “white coopering” (wooden utensil making), 18th century joinery, or “rustic” furniture making. Bring a notebook to the first class and be prepared to start a project in the second class. Materials are extra. All level welcome.

no class 9/26



## **Wood Working Session B**

Tuesday, September 20 - November 29

6:00 - 9:00 pm

Derek Polzer and Lynn Trackenberg

Classes held at The Morristown High School

Learn the safe operation of power and hand woodworking tools and how to design or select a project that incorporates the basic elements of woodworking: layout, joint woodworking techniques, such as wooden plan making, “white coopering” (wooden utensil making), 18th century joinery, or “rustic” furniture making. Bring a notebook to the first class and be prepared to start a project in the second class. Materials are extra. All level welcome.

no class 11/8

## **Watercolor: "Carefree Impressions" Online Series**

Saturdays: October 22, 29, Nov. 5, 12

11 am-12pm

11:00 am - 12:00 pm

Dr. Liana Piehler

Online Only

In this online 4-part series, we'll explore the expressive possibilities of watercolor as a medium, focusing on color, mood, perspective and subject matter.

Students of all levels of experience are welcome in this group. Each session will include demonstrations, painting time, discussion and review of works.

Materials list :<https://bit.ly/3wyYvij>



# Exercise sports

## Stretch and Tone

Morristown High School

Saturday September 24-December 10

9:30 - 10:30 am

Nancy Courtney, ACE certified

Classes held at Morristown High School

# & dance

Become firm and flexible! Work your muscles to move better, bend easier and retire. Deep stretching helps to heal pain and work through tightness. Meditation will be included for added stress relief. You may bring hand weights and/or dumbbells if desired.

Please bring a towel or mat.

No class 10/1

## Pickle Ball Session 1

Monday's, September 19 - October 24

5 weeks

4:00 - 5:00 pm

Rich Mauer & Jeanne Jeffrey

Frelinghuysen Middle School GYM

Learn the game of pickleball Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Join us for this fun group activity.

(no class 9/26)



## Intermediate Pickle Ball Session 1

Monday, September 19- October 24

5 weeks

5:00 - 6:00 pm

Rich Mauer

Frelinghuysen Middle School GYM

## **Body Toning**

Monday, September 19- December 5

10 weeks

6:45 – 7:45 pm

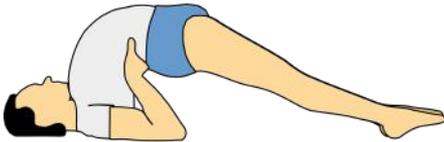
Nancy Courtney, ACE Certified

Classes held at Morristown High School

This class is designed with various exercises to specifically strengthen and tone all areas of your body including arms, chest, back, abdominals, hips, and legs. Increase your flexibility and trim inches so your clothes will fit loosely. Hand weights are helpful but not necessary.

(Bring a mat or towel to class.)

no class 11/8



## **Flat Abs**

Monday September 19- December 5

10 weeks

7:45 – 8:15 pm

Nancy Courtney, ACE Certified

Classes held at Morristown High School

Finally a class dedicated to building your core muscles. Tone and strengthen the abdominal area and back to improve your posture and work on getting the 6 pack you always wanted! We will focus on proper breathing techniques and stretching during the process. Various exercises will be done

standing, sitting and on the floor

no class 9/26 or 10/17

## **Advanced Tap**

Tuesday, September 20- November 29

5:45 – 6:45 pm

Joanne Griffo

Classes held at The Morristown High School

Advanced tap dance classes focus on strengthening students' technique, developing sound, tone, and virtuosity as well as learning challenging choreography.

no class 11/8

### **Intermediate Tap**

Tuesday, September 20- November 29

7:00- 8:00 pm

Joanne Griffo

Classes held at The Morristown High School

This class takes off from the beginner's level with more intricate steps and routines. If you need shoes,  
call 973- 262-0308

no class 11/8



### **Beginner Tap**

Tuesday, September 20- November 29

8:00-9:00PM

Joanne Griffo

Classes held at The Morristown High School

Let's dance!!! Learn the basic steps of tap and enjoy a great, fun way to exercise and meet new people. If  
you need shoes, call 973- 262-0308

no class 11/8

### **Gentle Yoga**

Tuesday, September 20- November 29

6:30 - 7:30 pm

Prana Yoga

Classes held at Morristown High School

Gentle Beginners Flow is a friendly introduction to the Vinyasa yoga tradition. This class is suitable for those new to yoga as well as seasoned practitioners, or those working through injuries. Linking each pose with the breath, students will find a balance of alignment, strengthening their core muscles, and easing tension away with gentle stretches. Bring a mat and towel.

## **Beginner Pickle Ball Session 2**

Monday. October 31 - November 28

5 weeks

4:00 - 5:00pm

Rich Mauer

Frelinghuysen Middle School GYM

Learn the game of pickleball Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Join us for this fun group activity.



## **Intermediate Pickle Ball Session 2**

Monday. October 31 - November 28

5 weeks

5:00 - 6:00 pm

Rich Mauer

Frelinghuysen Middle School GYM

Continue exploring the game of pickle ball in this fun group game!

## **Couch to 5K**

Saturday, October 1- November 5

8:00-9:00am

6 Weeks

@ Loantaka Park

Mike Skara

Humans were born to run! Come join the fun in this 6-week 5K training course. Improve your fitness level from wherever you are starting to reach that 5K goal! Learn about types of training options and how to pick the right athletic shoes. This course will prepare you to participate in any of the numerous 5K events held all over New Jersey. Participants can expect to run in every class so come prepared to sweat!

# Professional & Personal development

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## **Self-Care: Filling Up Your Cup**

ONLINE

Tuesday, October 11

6:30pm – 8:00 pm

Diane Lang

People spend much of their lives nurturing others. When we find ourselves focusing more on others instead of ourselves, we become stressed out and we can burn out. Selfcare is not selfish. It is an essential component to appreciating yourself, cultivating happiness and finding balance. Join me to learn the importance of self-care and specific actions you can take to fill your cup.

## **Better Sleep with Hypnosis \$ 65**

Tuesday, October 25

8:30 – 9:15 pm

Barry Wolfson

Classes held at The Morristown High School

Do you have difficulty falling asleep? Do you have difficulty getting back to sleep if you wake up during the night? Imagine leaving life's cares and worries behind at the end of each day. Learn relaxation techniques and strategies to fall asleep easier.

### **Stop Smoking with Hypnosis: \$65**

Tuesday, October 25

6:30 - 7:30 pm

Barry Wolfson

Classes held at The Morristown High School



Through hypnosis, smoking cessation is easily achieved in a one-hour session. Eliminate the craving for tobacco while minimizing discomfort. Please bring a small pillow to class. In a relaxed state, allow kind and healthy suggestions to enter your mind to help you achieve your goals.

### **Lose Weight with Hypnosis \$65**

Tuesday, October 25

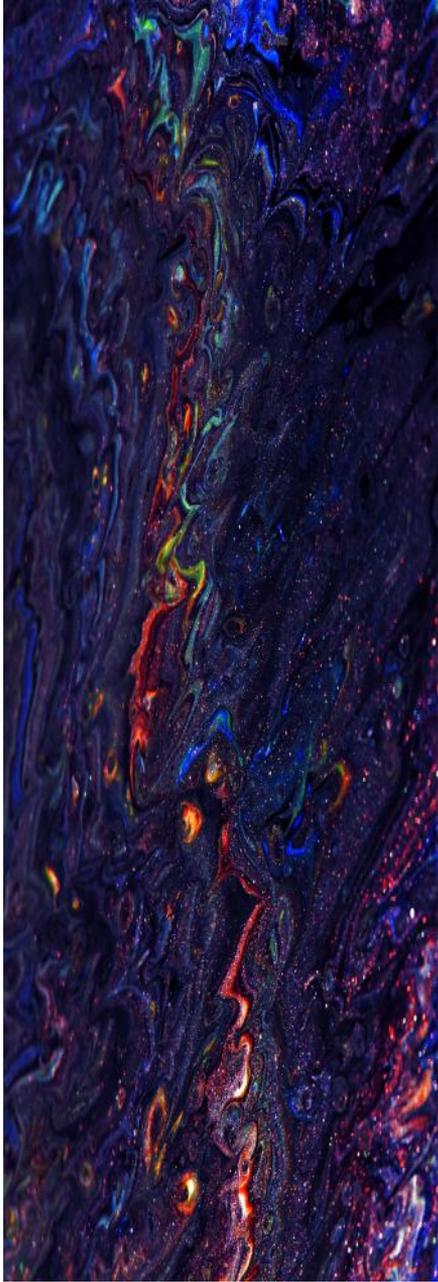
7:30 - 8:30 pm

Barry Wolfson

Classes held at The Morristown High School

Through hypnosis, weight loss is easily and painlessly attained. Shed unwanted pounds and keep them off in a safe, effective program. Please bring a small pillow to class. In a relaxed state, allow kind and healthy suggestions to enter your mind to help you achieve your goals. writing to write on a variety of topics that interest them.





## **Declutter Your Life and Reduce Stress**

TBD

Diane Lang

Online

Make small changes that will help you to live a more positive and resilient lifestyle. Learn the realistic steps you can take today that will make a HUGE difference in your life.

In this workshop you will learn the signs/symptoms of stress and anxiety and the impact it has on your body. -Learn your triggers for stress and anger -Learn ways to declutter your “stuff” -Learn ways to simplify your life and live in the now! -Learn ways to feel more empowered, motivated and healthier. Remember when you declutter your mind the rest will follow.... If our mind is clear, our homes become tidy, our offices run efficiently, and our lives feel balanced.

## **Cutting the Cord on Cable**

Monday, November 14

7:00 – 8:30 pm

Mike Skara

Classes held at The Morristown High School

Each of us loves a handful of stations. But we're stuck paying for 100s of channels we don't want. No wonder that cutting the cord sounds so great. Learning the techniques to get what you want at the lowest cost.

## **Getting the Most Out of Your iPhone/iPad**

Monday, November 21

7:00 – 8:30 pm

Mike Skara

Classes held at The Morristown High School

Excel is an integral business tool. Learn the tricks and the advantages that can make your life much easier with this fantastic multi-tool and more productive.





**This program is funded by the Title II Workforce Innovation and Opportunity Act, Adult Education, and Family Literacy through the NJ Department of Labor and Workforce Development.**

**We offer FREE CLASSES designed to improve English language skills (reading, writing, listening, speaking) to successfully function as parents, workers, and community members. Preparation for citizenship is also included. Classes are held in the evening, on Saturday mornings and weekday mornings to fit your needs. Program format includes in person-on campus and remote classes (via Zoom, Google Classroom, etc) as well as independent online applications (Khan Academy, Aztec). Class participation is subject to NJ guidelines and restrictions with class formats subject to change.**

**For more information contact Damaris Medina**

**medinad@mcvts.org  
(973) 627-4601 x 279**

**Haga clic aqui para obtener infomacion en Espanol**



**The Community School partners with quality providers to offer your child exceptional preparation experiences for SAT and ACT prep courses held at Morristown High School.**

**Please review your options by following this link**

[www.msdccommunityschool.org/sat-act-info](http://www.msdccommunityschool.org/sat-act-info)

## **Registration Information**

ALL registrations must be made through our online registration system found at [www.msdcommunityschool.org](http://www.msdcommunityschool.org)

Registration begins as soon as you view this brochure.

Payment by credit or debit card is required at the time of registration (VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS)

With our new online process, checks and cash are no longer accepted.

Please register at least one week prior to a scheduled class.

Early registration is recommended to avoid classes being canceled due to low enrollment.

## **Rules/Regulations**

Participation in Community School classes is “at your own risk;” we advise you to consult your physician before participating in any exercise programs or strenuous activities.

If materials are needed for a class that information is given in the course description.

Opinions or additional materials recommended by any instructor do not reflect an endorsement by the Community School.

## **Parking**

Free parking is available at all venues for Community School classes.

### **Trips**

All trips are offered through Group Tours and Travel, LLC (GTT).

Trip descriptions can be found on pages 23-25

. Register directly with GTT by calling 973-513-9001.

Departure times are precise, return times may vary due to traffic and weather conditions.

The decision to cancel a trip for any reason will be made by GTT and you will be notified.

Any request for cancellation or refund should be made directly to GTT.

### **Emergency Closings**

If the Morris School District is closed due to inclement weather, the district website will post a notification on [www.morrisschooldistrict.org](http://www.morrisschooldistrict.org)

If school is closed then all programs are canceled and will be rescheduled if possible or refunded.

Classes missed due to instructor cancellation will be rescheduled, if possible.

Trips are at the discretion of Group Tours and Travel LLC.

### **Refund Policies**

Cancellation by registrants must be at least 72 hours from the start of the course.

Cancellation by registrants will be subject to a \$15 cancellation fee.

No refunds will be given after the start of the course for a multi-session class.

### **Covid-19 Updates**

All updates will be shared via email

Be prepared to wear a mask and practice social distancing at all locations and for all class types including exercise courses.

The Community School will continue to follow all state and local health and safety guidelines.

**MORRISTOWN**

**FESTIVAL  
OF BOOKS**



**OCTOBER 7 & 8, 2022**

**[morristownbooks.org](http://morristownbooks.org)**



*Dance Connections is a project of the Arts & Culture Collaborative, a group of Morris County universities and non-profit organizations sharing dance in all forms to express our diversity. Look for the Collaborative logo for related classes, and watch for our Constant Contact emails as new offerings become available!*